



# Stafford Heights State School

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1<sup>st</sup> November, 2022

Dear Parent/Carer

Swimming is part of the Physical Education (PE) Curriculum, as such it is expected that all students will participate in the weekly lessons during Term 1 and Term 4 each year. Lessons will align with the Physical Education Lesson Timetable which will be updated at the beginning of the year and follow up information will be sent to families. Any additional changes to timetables during the course of the year will be notified to parents where necessary. Lessons will commence in Week 2, Term 1 and again in Week 2, Term 4 unless otherwise advised.

**Attached you will find an Consent Form (Permission Form) – please complete and return to the school office by Friday 18<sup>th</sup> November, 2022**

## **Activity details:**

- Lessons will involve water confidence activities, basic stroke development and include water safety elements.
- Students will be participating in both shallow and deep water activities, supported by appropriate adult to student ratios depending on the age and capability of each swimmer.
- Risk assessments are prepared and completed for the program, using the guidelines provided by the Education Department.
- Parent assistance may be requested for lower grades to ensure that group sizes are low to allow for maximum participation and practice.
- Term 4 swimming will be culminated with carnivals for both senior and junior students.

## **What Students will need:**

- Swimming Bag (suitable to hold all swimming gear and uniforms when in the pool.
- Swimmers (*please avoid cross overs straps for our younger students if possible, they can cause difficulties when getting changed for our little ones.*)
- Towel
- Swimming Cap (COMPULSORY)
- Sunsafe Shirt (this may be either a rash vest or a T-shirt)
- Goggles (Recommended)
- Plastic Bag to carry wet swim wear after lessons.

***(Please make sure ALL items of clothing are marked with the students name – this includes school uniforms.)***

## **What if my child is unwell:**

- If students are unwell and unable to participate in their swimming lessons please provide a written note from parent or guardian, to be passed onto the PE Teacher or email PE Teacher directly at [jjard16@eq.edu.au](mailto:jjard16@eq.edu.au).
- Parents may be contacted should students have more than one 'unexplained' exclusion from Swimming Lessons.

## **Students not participating in Swimming Lessons:**

- Students who are not swimming for one reason or another will go to a Buddy Class for the duration of the lesson.

## **Lost Property:**

- Each week items are left behind by students, change rooms are checked at the end of the day and all items remaining will be collected and placed into a Swimming Lost Property, held by the PE Teacher. Where clothing or property is named it will be returned to the student at the next opportunity. Unclaimed and unmarked items will be donated to charity at the end of the term.

**Parent Helpers:**

- In order to maximise the outcomes in our swimming lessons we may ask for assistance from parent volunteers for the Prep to Year 2 ages, where for safety reasons a higher number of adults are required for supervision purposes. Please understand that this means getting into the pool to assist with activities. For safety reasons, toddlers and younger siblings cannot be at the pool during normal class lessons. Timetables will be provided closer to the beginning of the swimming term.

**Spectators:**

- Please understand that spectators are not allowed in the swimming pool precinct during lessons, only parent helpers assisting with lessons will be able to remain at the pool. We understand that parents may be curious as to how their student is performing, however, spectators provide an unnecessary distraction to all students ultimately impacting learning. Towards the end of the year we will be holding swimming carnivals in which all students will participate – parents/guardians and family members will be invited to attend these events, where students can showcase their learning.

**Medical Conditions:**

- If your student has any change to medical conditions recorded during enrolment or any special considerations for swimming eg eczema may need shower after swimming, please ensure this information is added to the medical section on the permission form attached.

**Activity Costs:**

- The swimming programme is provided free of charge during PE Lessons.

We are looking forward to a great swimming term.

Yours sincerely



**Abi Hurdley**  
Principal



**Jo Jardine**  
PE Teacher



# Consent Form – PE Swimming Lessons

## **Activity risks and insurance**

The Department of Education does not have personal accident insurance cover for children/students. If a child/student is injured as a result of an accident or incident while participating in the activity, all costs associated with the injury, including medical costs are the responsibility of the parent/carer. Some incidental medical costs may be covered by Medicare. If the parent/carer has private health insurance, some costs may also be covered by your provider. Any other costs must be covered by the parent/carer. It is up to the parent/carer to decide the type/s and level of private insurance they wish to arrange to cover their child. Please take this into consideration in deciding whether or not to allow the child/student to participate in this activity.

## **Consent**

By signing this form, I agree to all the following statements:

- I have read all of the information contained in this form in relation to the excursion (including any attached material)
- I am aware that the department does not have personal accident insurance cover for children/students.
- I give consent for the named child/student, \_\_\_\_\_ <insert child's/student's name> to participate in the identified excursion.
- I will pay to the school the costs detailed in this consent form for the child/student's participation in the excursion.
- I agree to and understand the refund policy as it applies to this excursion (see Excursion costs)
- In the event of an accident or illness, school staff may obtain or administer any medical assistance or treatment the child/student may reasonably require, including contacting their doctor.
- I accept liability for all reasonable costs incurred by the department in obtaining such medical assistance or treatment (including any transportation costs) and undertake to reimburse the department the full amount of those costs.
- I have provided the school with all relevant details of the child/student's medical or physical needs on registration/enrolment and where relevant have updated this information.
- I give consent for child/student contact information to be shared in relation to this excursion in compliance with relevant [Queensland Chief Health Officer's Directions](#).

Parent/Carer/Student*	Name:		
	Phone number:		
	Email address:		
	Signature:		Date:
Emergency contact information for the duration of this excursion	Name:		
	Phone number/s:		

## **Additional medical information**

The school collected medical information about your child at registration/enrolment. This information is stored electronically in OneSchool. Please give full details of any new or updated medical information which may affect your child's full participation in the excursion described in the form.

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## **You may also wish to update/provide the following optional information:**

Name of child/student's medical practitioner: \_\_\_\_\_ Telephone No.: \_\_\_\_\_  
 Medicare No.: \_\_\_\_\_  
 Private Health Insurance Company (if applicable): \_\_\_\_\_ Membership No.: \_\_\_\_\_

**\*Students that are independent, mature-age or over 18 years of age may provide their own consent and be responsible for all related costs.**



**Queensland Government**

**Uncontrolled copy.** Refer to the Department of Education and Training Policy and Procedure Register at <http://ppr.det.qld.gov.au/> to ensure you have the most current version of this document.